

## EFT Supervision/Consultation Agreement

Between

**Tina Sirois-LeBlanc**  
("Clinical Supervisor/Consultant")

and

\_\_\_\_\_  
("Supervisee/Consultee")

**The Clinical Supervisor/Consultant and the Supervisee/Consultee agree as follows:**

### Purpose of Agreement

The purpose of this agreement is to define our work together as a supportive process to learn the model of Emotionally Focused Therapy (EFT) and to help you grow and develop as an EFT Therapist.

Since we are embarking on a professional relationship, the alliance between us is of upmost importance. In order to develop the best collaborative relationship, it is necessary for us to agree on some guidelines for our work as detailed in this agreement. Please ask me any questions about this agreement before signing the document.

If you are a licensed professional, I am considered a consultant and not legally responsible or liable for your clients. If you are not yet licensed, then the relationship will be considered one of clinical supervision. In this latter case, you need to continue working with your primary clinical supervisor; our relationship is considered secondary supervision (in case of differing feedback, please defer to your primary clinical supervisor at all times).

**Please check the appropriate category for you.**

\_\_\_\_ EFT Consultation    \_\_\_\_ EFT Supervision.

### Appointments

- Our appointments will be scheduled by mutual agreement, either on-line through a secure encrypted zoom platform, or in person at my 281 Queen street office in Fredericton NB.
- The agreed upon fee for supervision/consultation is \$160 CAD per hour.
- If you are participating in group supervision, fees are \$60 CAD if presenting a case, \$30 CAD if just attending the group as an observer. These are 1.5 hour sessions and 3 case presentations occur during the session.
- Fees will be paid at each appointment (for both individual or group supervision).
- A 48 hour notice for cancelations is required for both individual and group appointments. If less than 48 hour notice is provided, I reserve the right to charge you for the agreed upon appointment fee.
- The first supervision/consultation fee will be billed for two hours. We need more time upfront to assess needs, training and skill level, and develop goals for our work together. It's important for

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**Tina Sirois-LeBlanc**, Licensed Counselling Therapist, Certified EFT Therapist & Supervisor  
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me as a supervisor in the first meeting to review a video segment of your work in order to establish your baseline EFT skills.

**Confidentiality:**

- You agree to provide me with your client consent to release of information when we review a recording of your work with clients (for both individual and group supervision sessions).
- Once your clients sign the consent form to give us permission to consult, all client information will continue to be used in a professional manner in order to respect their identify and information.
- You are responsible to transfer videos, present your cases, or manage the case information in a professional and ethical manner which includes destroying presentation forms and videos after viewing.
- During group supervisions, if a client is recognized personally by a group member, that person will be asked to leave the group supervision and be reimbursed for the session in order for the rest of the group to continue the discussion around the client and the supervisee's needs.
- If you need help to figure out any of these confidentiality agreements, this can be discussed in our first session (prepared forms and protocols can be shared with you if needed).

**Process of EFT Supervision/Consultation**

**I as the EFT Supervisor/Consultant commit to:**

- Respecting the guidelines for supervision/consultation as outlined by the ICEEFT.
- Continuing learning and refining my EFT supervision/consultation skills.
- Modeling the EFT principles of accessibility, responsiveness, and engagement in our professional relationship, as well as offer you full transparency and presence in our supervision meetings.
- Communicating with you in a timely manner and respond to your questions and concerns in a professional manner.
- Keeping a file of our supervision/consultation sessions.

**You as the Supervisee/Consultee commit to:**

- Respecting the ethical and professional guidelines of your professional organization.
- Handling all crises and legal reporting situations independently of our supervision/consultation relationship.
- Carrying and maintaining your own malpractice insurance.
- Keeping track of all EFT supervision/consultation hours.
- Be fully prepared for our supervision/consultation and provide quality recordings (especially sound) when reviewing a recorded session.
- Continuing learning and refining your EFT knowledge and skills by intentionally setting goals from our supervision sessions and reviewing extra resources I may suggest when needed.
- Accepting that part of the EFT supervision/consultation process will sometimes lead to exploring your own blocs as a therapist. When exploring these blocs with me, it might appear more personal, but it will not be misconstrued as personal therapy.

**How we will handle difficulties in our relationship:**

- If difficulties between us arise, those difficulties will be discussed first in our supervision appointment. EVERY effort will be made to resolve them at this level. If not successful, we will discuss the best plan to address these difficulties and this will be documented in both of our records.
- This relationship will continue for as long as both parties are willing to respect the terms of this agreement.

**EFT Supervisor/Consultant**

**Supervisee/Consultee**

\_\_\_\_\_  
Tina Sirois-LeBlanc

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date